

**主辦單位：嘉義基督教醫院早療中心(嘉義兒童發展通報轉介中心)：**

協辦單位：中華民國自閉症覺醒教育協會

主題：應用行為分析運用在特殊幼兒的實務技巧

課程時間：2015年8月5日 上午9點00至下午4點30分

參與對象：早療相關專業人員及自閉症幼兒家長

主講：瑾心老師 [www.autismawakening.org](http://www.autismawakening.org)

#### 8. 介入與策略：DTT 和 OT。

- 這項干預會減弱或轉移注意力嗎？。
- 這項干預會導致教導受挫或退步嗎？
- 如果方法被證明無效，會發生什麼事？
- 這個方法與其他的（教學）構成元素平衡嗎？
- 這項干預符合發育的適當性嗎？
- 關鍵技能的要點：
  - 1) 行為能廣泛的運用。

2) 行為內容的銜接 (context) 是多樣化。

3) 什麼是禁止的？什麼是功能的替代？

- 一個自閉症孩子的甦醒，正確的 OT 內容是重要的。
- 一個自閉症孩子要被 OT 教導認識，什麼是問題行為產生的刺激因素。如何避免？如何能一生致用就地取材保護感官？
- 前因控制是為了社交融合。
- Activity Matrix
- DTT，訓練自閉症孩子 2 秒內的反應。
- DTT 與 OT 彼此搭配執行一生致用的肢體協調。

# Characteristics of Critical Skills 關鍵 技能的特點

- Broad classes of **behaviors** (廣泛類別的行為)
- Variety of **contexts** (脈絡條件的多樣化)
- **Required to complete** part or all of activity (必須完成...)
  - **Not** THE activity (禁止的活動)
    - Sweeping, taking out trash, washing dishes
    - **Communicating** need for materials, using **both hands** together to complete task, **initiate** social interactions
- Repeated use throughout all daily activities and routines (日料)
- Activity-based goals **may limit opportunities** for student to practice social skills throughout day (e.g., sensory play)

Examples—can't expressing concerns, no

bilateral coordination, few response to **social interactions**

(會影響與同儕雙邊協調的互動)

# Use an Activity Matrix to:

Plan for specialized instruction (專業教學計畫)

Assess individual needs in classroom setting

(評估個人需求的教室設置)

Plan when data collection will occur

(計畫資料收集的產生)

Plan activities and materials necessary for incidental teaching or embedded instruction

(計畫機會教學的活動以嵌入所需的指令)

|                               |
|-------------------------------|
| <b>Patients &amp; Clients</b> |
| <b>Children and Youth</b>     |
| Healthy Living                |
| Mental Health                 |
| Aging                         |
| Disability and Rehabilitation |
| Work Related                  |
| For Professionals             |
| Ethics                        |

## Children and Youth

A child's life is made up of "occupations," or daily activities. These occupations include playing, learning, and socializing. Occupational therapy practitioners work with children and their families to help them succeed in these activities throughout the day.

They also help with basic challenges faced by most families, from creating morning routines to choosing appropriate toys.

Occupational therapists must have a master's degree for entry-level practice, and occupational therapy assistants must have an associate's degree. Both must pass an initial certification exam.

The Tip Sheets below provide ways to address common conditions and experiences, and how occupational therapy can help meet goals.

### Tips for All Children

- [Backpack: Pack it Light, Wear it Right](#)
- [Caregiving](#)
- [Child Development](#)
- [Enjoying Halloween With Sensory Challenges](#)
- [Mental Health in Children \(Podcast\)](#)
- [Obesity \(Also available in Spanish- pdf\)](#)
- [ADHD](#)

### Childhood Occupations Toolkit

- [How to Use AOTA's Childhood Occupations Tip Sheets - pdf](#)
- [Establishing Morning Routines for Children](#)
- [Establishing Tummy Time Routines to Enhance Your Baby's Development](#)
- [Establishing Toileting Routines for Children \(also available in Spanish\)](#)
- [Establishing Bath Time Routines for Children \(also available in Spanish\)](#)
- [Establishing Bedtime Routines for Children \(also available in Spanish\)](#)
- [Establishing Mealtime Routines for Children](#)

### Tips About Autism

- [Living with an Autism Spectrum Disorder \(ASD\) – Supporting a Smooth Transition to Preschool](#)
- [Living Life With an Autism Spectrum Disorder \(ASD\)--The Preschool Child - pdf](#)
- [Living With an Autism Spectrum Disorder \(ASD\): The High School Years](#)
- [Living With an Autism Spectrum Disorder \(ASD\): Succeeding in College](#)
- [Tips for Educators for Students With Autism - pdf](#)

### Tips for Children in School

- [Handwriting](#)
- [Is Your Child Positioned for School Success?](#)
- [OT Tips for Health and Success in Schools - pdf](#)
- [OT Tips for Homework Success - pdf](#)
- [School Tips for Parents: Academic Success and Social Participation - pdf](#)
- [Brochure for Parents: What is the Role of the School-Based OT Practitioner? - pdf](#)
- [Brochure for School Administrators: What is the Role of the School-Based OT Practitioner? - pdf](#)

### Tips for Play

- [How to Pick a Toy: Checklist for Toy Shopping - pdf](#)
- [Building Play Skills for Healthy Children & Families - pdf](#)
- [Learning Through Play](#)

| Practice          | Advocacy & Policy     | Education and Careers     | Conference & Events    | Publications & News                      | About Occupational Therapy |
|-------------------|-----------------------|---------------------------|------------------------|--|----------------------------|
| Children & Youth  | Congressional Affairs | Get/Maintain Your License | 2016 Annual Conference | American Journal of Occupational Therapy | Patients & Clients         |
| Health & Wellness | ACTPAC                |                           | Calendar               |  |                            |