myself. It really brought joy to my heart to see the trainees so willing to welcome us as their friends.

In our curriculum, we teach stories about character traits such as joy, love, courage, suffering, and etc. With a good amount of trainers, we were able to split into small groups and have discussions on topics like, "What do you do when you feel angry?" and "How did Joseph respond to his suffering?" These times of discussion helped the trainees to improve their ability to express themselves in English and allowed them to apprehend the character traits of good role models.

In addition to my time with the trainees, I had the privilege of getting to meet my "little sister", Lu Mei, who just graduated from secondary school this past year. I call her my little sister because through CRRS, my parents have committed to paying for her college tuition. Because she worked at a newspaper stand just across the street from our hotel, I was able to see her often. Her family lives on a farm about half-an-hour outside of Malipo, where they grow rice and corn. Her house is still under construction and her father is very sick. Nevertheless, the family welcomed us generously during an official visit. They set out tea,

Worthy Trip Tony & Susan Tsoi

colorful sticky rice, watermelon, and corn for us as their visitors. Lu Mei and her younger sister Lu Le put on their minority tribe's traditional dress for us to see. I had the privilege of watching the arduous process of properly putting on the headdress and helping with some of the finishing touches. Meanwhile, her little cousins made faces at me and tried to tickle me to make me laugh. In that brief meeting, I felt like I had been accepted as a part of their family despite the language barrier. Their evident love for one another and towards me is something I will never forget.









Before the trip, our friends asked why we wanted to spend the time and money to travel all the way to Yunnan for just 8 days of training. They asked if it would be really worthwhile.

We got our answer during those 8 days in Malipo.....

We experienced a warm welcome from the trainees and the officials

We saw the enthusiasm of the trainees

We watched how they enjoyed the program

We observed how they improved

We made so many friends, with trainees as well as fellow trainers

We shared our faith when opportunities arose

We witnessed trainees committing their lives to Christ

Now that we are home, we tell our friends, "It was definitely and absolutely worthwhile !"

Lord willing, we will do it again next year.

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